

THE BIBLE GALS

ROMANS 12: RENEWING YOUR MINDSET 🧠 METANOIA BIBLE STUDY

👁️ For my visual learners:

- [The TRUTH about Repentance - Metanoia](#) (searchable on YouTube)

💬 **Personal testimony on renewing my mindset when it comes to dressing modestly:**

I used to not have a conviction to dress “modestly” or appropriate even when I first became a Christian. I thought it was just rules and my mindset was always a rebel without a cause. So, I didn’t conform. This is the time I was going to a church that was very religious and they didn’t believe in the power of the Holy Spirit. So, it was just man made rules in my mind. I used to wear striking colorful lipsticks and bright clothing and I never understood why many of the Christian men were always looking at me. I didn’t want the attention but at the same time, I was trying to fill a void. Without full deliverance from Jesus or an encounter with the Holy Spirit – I lacked revelation of why I wasn’t feeling whole without dressing for eyes on me.

Years later, when I recommitted my life back to Jesus and attended a full gospel supernatural ministry, I had an amazing encounter with the power of God through His Holy Spirit (my testimony on that is in the Understanding the Holy Spirit Bible study).

My taste in my clothing preferences changed genuinely. I desired to dress nice but not for anyone, but for God. It didn’t feel like a rule or a mandate. I felt like I was liberated actually, from feeling like I had to fill a void, but I felt completely full and whole. Filled with God’s presence and I to this day don’t look for attention or approval from people — but from God.

The second essential practice of the church described in the New Testament is **metanoia**. Unfortunately the English word used most often to translate the word metanoia, when it appears in the Greek New Testament, is “repentance.” For most Americans repentance has come to mean (a) a feeling such as regret, remorse, contrition, or shame, or (b) an act of piety in response to such feelings, such as penance, reparation or atonement. But none of these words does justice to the New Testament meaning.

The Greek word is formed by combining the word meta meaning “beyond” and the word noia meaning “mind.” The combination literally means “beyond mind.” It expresses the idea of gaining a new mind-set, a new way of thinking and acting, a new orientation to life. To repent really means to start thinking and acting in a radically different way.

<https://www.thepeacehouse.org/about-metanoia#:~:text=The%20Greek%20word%20is%20formed.a%20new%20orientation%20to%20life>

Open up the Bible or YouVersion Bible app (A physical Bible is better for studies) & take a piece of paper and write your answers down (it's so powerful when you write it down, your heart truly changes with this study!)

Romans 12 Bible Study

Read Romans 12:1

1. What does it mean to "present your bodies as a living sacrifice" according to Romans 12:1?

Read Romans 12: 2

2. How does Paul advise believers to resist conforming to the patterns of the world in Romans 12:2?

Read Romans 12:3-8

3. According to Romans 12:3-8, what analogy does Paul use to describe the Church and its members?
4. What are the different spiritual gifts mentioned in Romans 12:6-8, and how are they meant to be used?

Read Romans 12:9-10

5. How does Paul describe the characteristics of genuine love in Romans 12:9-10?

Read Romans 12:14

6. What does it mean to "bless those who persecute you" as instructed in Romans 12:14?

Read Romans 12:17-21

7. According to Romans 12:17-21, how are believers encouraged to respond to evil and injustice?

If you are dealing with being stuck in the same place or stagnant in your mind and you need transformation of your mindset. Say this prayer out loud for God to transform you

by the power of the Holy Spirit living in you. We can't do this on our own but the Holy Spirit is willing when our flesh is weak.

Prayer Declaration:

Heavenly Father, I thank you that you are my Redeemer! I thank you that you can change and transform lives. Please right now in the Mighty Name of Jesus, please transform my thinking, thinking of lack, thinking of attention-seeking, people-pleasing, mindset of poor stewardship, mindset of lack of wisdom, renew my mind Lord. Metanoia! Metanoia! I receive Your fresh infilling of Your Spirit God. I break all my mindsets that are worldly and I look at things above. In Jesus Name, Amen!

Call to salvation:

Will you accept Jesus as your Lord and Savior today? Or have you known Jesus before and slipped away? He is calling you back! He died for you and me and wiped the slate clean of our sin. We have a second chance. If you want to accept Jesus as your Lord and Savior or recommit your life to him, say this prayer out loud right now:

Heavenly Father, I recognize that I am a sinner and that my sin separates me from you. I repent of all my sins and confess Jesus as my Lord and my Savior. I believe with all my heart that God the Father raised Jesus from the dead. Lord Jesus, come into my heart and come into my life. The day I die, when I open my eyes, I will be in your arms. Amen!

Did you give your life to Jesus today? We want to hear from you! **Text saved to (954) 998-4054** one of the TBG members would like to pray for you and connect you with a community of believers.